The Commodity Shelf

Department of Elementary and Secondary Education, School Food Services Section

November 2005







For information phone 573-751-2646/9424/7253 or fax 573-526-3897

LAST CHANCE

There is still room left at our Commodity Expos's. Monday, November 7th the Expo will be at Fox C-6 in Imperial, Tuesday, November 8th in Waynesville, Wednesday, November 9th in Jefferson City and Thursday, November 10th at Fort Osage in Independence. All Food Service Directors are encouraged to attend. An update on commodity issues will be presented prior to the exhibit of food items. Processors will provide samples of products that will be offered for the 2006-2007 school year. The registration form is on our Website.

Sunflower Seed Butter

Sunflower Seed Butter is now available as an open order item. The Nutrition Facts information and USDA Commodity Fact sheet are provided below.

A 2 Tablespoon serving of sunflower seed butter provides approximately:

| Nutrition | Facts |
|---------------|--------|
| Calories | 200 |
| Protein | 7 g |
| Carbohydrate | 7 g |
| Fat | 16.0 g |
| Saturated Fat | 2.0 g |
| Cholesterol | 0 mg |
| Iron | 1.0 mg |
| Calcium | 20 mg |
| Sodium | 120 mg |
| Dietary Fiber | 4 g |
| Vitamin A | 0 RE |
| Vitamin C | 0 mg |

USDA Commodity Fact Sheet Schools & Child Nutrition Institutions

Name: SUNFLOWER SEED BUTTER
Category: Meats and meat alternates.

Revision Date: 04/30/04

Description:

Sunflower seed butter is a spread made from sunflower seeds. It is similar to peanut butter in taste and texture and can be used as a substitute for peanut butter for most persons with peanut allergy. A SMALL NUMBER OF PEOPLE WITH PEANUT ALLERGY MAY ALSO BE ALLERGIC TO SUNFLOWER SEED BUTTER. CAUTION MUST BE USED IF PROVIDING THIS PRODUCT TO PERSONS WITH KNOWN PEANUT ALLERGY. Sunflower seed butter is a good source of protein and is low in saturated fat.

Pack Size:

6/5 pound containers

Yield:

One pound of sunflower seed butter will yield 14-2 Tablespoon servings. Two Tablespoons of sunflower seed butter provides 1 ounce of the meat/meat alternative for the School Lunch Program.

Uses:

Sunflower seed butter can be used in sandwiches and baked items as an alternative to peanut butter.

Storage:

Store sunflower seed butter in a cool, dry place. Avoid freezing and hot temperatures. Store opened containers tightly covered in refrigerated storage.

Best if Used By:

For guidance on how to effectively manage, store, and maintain USDA commodities, please visit the FDD Website at: http://www.fns.usda.gov/fdd/facts/biubguidance.htm

Preparation:

Sunflower seed butter can be used in sandwiches or snacks such as stuffed celery. It can also be substituted for peanut butter in recipes for baked goods such as cookies, cakes, or muffins. CAUTION SHOULD BE TAKEN TO PREVENT CROSS CONTAMINATION WITH WORK SURFACES AND COOKING/SERVING UTENSILS THAT HAVE BEEN USED TO PREPARE ITEMS CONTAINING PEANUT BUTTER. ANY SURFACES THAT HAVE BEEN IN CONTACT WITH PEANUT BUTTER SHOULD NOT BE USED TO PREPARE/SERVE SUNFLOWER SEED BUTTER.

Prorated Commodities

Following is a listing of PRORATED entitlement and bonus commodity items expected to be available for the 2005-2006 school year. These items are prorated based upon your ADP. If you wish to refuse all, or any part of your allocation, your Authorized Representative must notify our office in writing at least <u>6 weeks</u> in advance of the estimated delivery period. These commodities are for use in authorized feeding programs only. Commodities, amounts, and delivery dates are subject to change.

| FRUITS AND VEGETABLES Potato Wedges, frozen (34) Pineapple Tidbits, canned (60) Pears Sliced, canned (60) (1st alloc) Peach Cups, frozen (39) (1st alloc) | Pack Size 6/5lb case 6/#10 case 6/#10 case 96/4.4 oz cups | Estimated Delivery Period Start Aug. 15 – Complete Nov. 15 Start Sept. 1 – Complete Nov. 15 Start Sept. 1 – Complete Nov. 15 Start Sept. 15 – Complete Nov. 15 Start Sept. 15 – Complete Nov. 15 | \$11.72 \$26.34 \$18.32 \$21.48 \$15.66 |
|---|---|--|---|
| Pears, Diced, canned (56) Corn, frozen (41) (1st alloc) | 6/#10 case 30 lb case | Start Sept. 15 – Complete Nov. 15 Start Sept. 15 – Complete Nov. 15 | \$10.50 \$10.51 |
| Green Beans, canned (60) (1st alloc) | 6/#10 case | Start Nov. 1 – Complete Dec. 15 | \$14.08 |
| Peaches, frozen (41) | 20 lb. case | Start Nov. 1 – Complete Dec. 15 | \$14.08 |
| Pear Halves, canned(60) | 6/#10 case | Start Nov. 1 – Complete Dec. 15 | \$19.14 |
| Potato Rounds, frozen (41) | 6/5 lb case | Start Nov. 1 – Complete Dec. 15 | \$11.32 |
| Pineapple, Chunks, canned (60) | 6/#10 case | Start Dec. 1 – Complete Jan. 15 | \$26.53 |
| Applesauce, canned (50) | 6/#10 case | Start Dec. 1 – Complete Jan. 15 | \$11.50 |
| Fruit Mix, canned (60) | 6/#10 case | Start Dec. 15 - Complete Feb. 1 | \$17.68 |
| Peaches, Diced, canned (60) | 6/#10 case | Start Jan. 1 - Complete Feb. 28 | \$15.61 |
| Corn, frozen (41) (2 nd alloc) | 30 lb case | Start Jan. 1 – Complete Feb. 15 | \$10.51 |
| Potato Oven, frozen (41) | 6/5lb case | Start Feb. 1 – Complete Mar. 15 | \$11.60 |
| Spaghetti Sauce, canned(57) | 6/#10 case | Start Feb. 1 – Complete Mar. 15 | \$6.87 |
| Green Beans, canned (60) (2 nd alloc) | 6/#10 case | Start Feb. 1 – Complete Mar. 15 | \$14.08 |
| Pears Sliced, canned (60) (2 nd alloc) | 6/#10 case | Start Mar. 1 – Complete April 15 | \$18.32 |
| Salsa, canned (58) | 6/#10 cans | Start Mar. 1 – Complete April 15 | \$13.98 |
| Peach Cups, frozen (39) (2 nd alloc) | 96/4.4 oz cups | Start Mar. 1 – Complete April 15 | \$21.48 |
| MEAT/MEAT ALTERNATE | Pack Size | Estimated Delivery Period | Estimated Value |
| Am. Sliced Cheese (34) (1st alloc) | 6/5 lb loaves | Start Sept. 15 – Complete Nov.15 | \$41.87 |
| Ground Beef (18) (1st alloc)* | 40 lb case | Start Sept.1 – Complete Nov. 15 | \$60.22 |
| Cut-Up Chicken (19) (1st alloc)* | 40 lb case | Start Oct. 1 – Complete Nov. 15 | \$25.60 |
| Am. Sliced Cheese (34) (2 nd alloc) | 6/5 lb loaves | Start Dec. 1 – Complete Jan. 15 | \$41.87 |
| Ground Beef (18) (2 nd alloc)* | 40 lb case | Start Dec. 1 – Complete Jan. 15 | \$60.22 |
| Ground Beef (44) (3rd alloc)*make-up | 40 lb case | Start Mar. 1 – Complete April 15 | \$60.22 |
| Am. Sliced Cheese (38) (3rd alloc) | 6/5 lb loaves | Start Mar. 1 – Complete April 15 | \$41.87 |
| Cut-Up Chicken (30) (2 nd alloc)* OTHER | 40 lb case | Start Jan. 1 – Complete Feb. 15 | \$25.60 |
| Pudding, Vanilla, Plastic Cup (47) | 48/3.5 oz cup | Completed | \$12.54 |
| Pudding, Choc., Plastic Cup (47) | 48/3.5 oz cup | Start Aug. 1 - Complete Nov. 15 | \$12.54 |

The number shown in parenthesis for above product means your LEA will receive approximately one (1) case of that product per that number of Average Daily Participants (ADP).

<u>Example:</u> Peas, Frz (56) The number in parenthesis is the number of cases you will receive per ADP. If you have an ADP of 112 you can expect to receive 2 cases of Peas, Frz. 112÷56= 2 cases

^{*} If you had 25%, 50%, etc. of this product processed, adjust your ADP accordingly when calculating allocation rates. If you had 100% of this product processed, you will not receive any.

OPEN ORDER FORM DEADLINE THE 15TH 12 NOON

Following is a listing of entitlement and bonus commodity items that we anticipate receiving for the 2005-2006 School Year. This listing is updated monthly. Items are charged against entitlement. Bonus items designated (B) are <u>not</u> charged against entitlement.

These items, if needed, must be ordered. Orders must be <u>in</u> this office no later than 12 noon on the 15th day of November for December. You may obtain these commodities one of three ways. You may write, telephone, or fax your orders.

Delivery Month_____

| NAME OF SCHOOL | | AGREEMENT NUMBER | |
|-----------------------|--------------|------------------|--------------------------|
| | | | |
| Commodity | Pack Size | Value | Number of Cases Ordered |
| Cornmeal, Degermed | 4/10 lb bag | \$ 6.44 | C. |
| Flour, All-Purpose | 4/10 lb bag | \$ 5.58 | D. |
| Flour, Bread | 4/10 lb bag | \$ 6.41 | E. |
| Flour, Whole Wheat | 4/10 lb bag | \$ 11.56 | Temporarily Out Of Stock |
| Macaroni, Enriched | 20 lb case | \$ 4.79 | G. |
| Rotini, Enriched | 20 lb case | \$ 5.34 | H. |
| Spaghetti, Enriched | 20 lb case | \$ 5.06 | I. |
| Salad Oil | 6/1 gallon | \$17.74 | J. |
| Shortening, Liquid | 6/1 gallon | \$18.31 | K. |
| Shortening, Solid | 12/3 lb can | \$23.37 | L. |
| Peanut Butter | 6/5 lb jar | \$20.76 | M. |
| Oats, Rolled | 12/3 lb bags | \$ 8.66 | N. |
| Rice, Parboiled | 25 lb bag | \$ 4.12 | 0. |
| Eggs, Whole, Frozen | 6/5 lb crtn | \$25.74 | R. |
| Salmon in Pouch* | 6/3.3 lb bag | \$32.67 | Υ. |
| Bakery Mix, Lo-fat | 6/5 lb bag | \$18.89 | AC. |
| Walnut, Pieces* | 24/1 lb bag | \$51.92 | AJ. |
| Sunflower Butter | 6/5 lb can | \$44.34 | AL. |
| Apple Slices, canned* | 6/#10 cans | \$14.87 | AM. |

| ΤΩΤΔΙ | CASES ORDERED | |
|-------|---------------|--|
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PHONE: 573-751-2646

MO 500-2146 October 2005

^{*} Denotes limited quantities available.